

1 March 2008

Dear Residents of Nee Soon South



FAMILY SERVICE CENTRES IN NEE SOON SOUTH

You will be pleased to know that Nee Soon South Division is now served by the Daybreak Family Service Centre and Singapore Children's Society. They offer services which you may find useful in helping you to cope with the emotional stresses and strains in family life.

Daybreak Family Service Centre

The Centre's counselling service is run by professionals who are trained to help individuals or families cope with issues such as: conflicts in family relationships, marital issues, parenting issues, financial difficulties, problems in school or work, interpersonal problems, and violence within the family. Besides counselling, the centre also provides psychological services for children with learning difficulties.

(a) Coverage

The Centre serves residents of Blocks 775-799, 800-812, 816-817, 819-830, 832-841, 844-846, 848, 850-855, 858-868 & 870-880 and the following few private estates: Orchid Park Condo, The Springside, Hong Heng Mansion, Springleaf Gardens, Thong Soon Gardens and Lilydale Cond.

(b) Programme

The centre provides a repertoire of programmes for different life stages such as marriage preparation, parenting and marriage enrichment with the aim to strengthen relationships. In addition, the centre also provides specialised and holistic programmes to help families deal with concerns such as financial management and family violence.

(c) Contact Information

Daybreak Family Service Centre – Blk 855 Yishun Ring Road, #01-3539, Tel: 67564995, Fax 67524709, Email: admin@daybreak.mws.org.sg

Singapore Children's Society

The Singapore Children's Society focuses on promoting a stable family environment. It offers counselling and assistance to families with young children who encounter problems such as spousal violence, financial hardship, child management issues and marital and family conflicts. They do not accept elderly issues / abuse and cases with special needs.

(a) Coverage

The Society serves residents of Blocks 717-730; it opens Mondays to Fridays, from 8.45am to 5.35pm, and on Saturdays from 8.45am to 12pm (first four Saturdays of the month only). Operating hours are extended to 9pm on Tuesdays (by appointment only). The centre is closed on Sundays and Public Holidays. Please contact telephone 67537331 for further information.

(b) Programme

The Singapore Children's Society provides an assortment of programmes designed to help parents and their children cope with a whole range of issues. Some of these programmes are:

* Sunbeam Friends – Provides recreational, interactive and educational activities for children from low income families to improve their social skills and to enrich their experiences.

* Project Invest – A course for parents to learn parenting skills and knowledge.

* Rainbows – Provides emotional healing for children aged 6 to 16, with a single parent, who has experienced death, divorce or other significant losses in the family.

* LEAP – A treatment group designed for children aged 10 to 12 who exhibit symptoms of low self-esteem such as a lack of motivation to learn or perform, withdrawal and anti-social behaviour, among others.

* CAMP V-NEST (Children Only) – Runs a three-day camp for Primary 4 to 6 students with the aim of inculcating integrity, responsibility, respect and other positive values in them.

Do tap on the resources of these voluntary groups should you require their assistance. However, if you have any other problems or issues that you feel I can assist, please come to my Meet-The-People Session every Thursday at Blk 850, Yishun St 81. Registration is from 7.00pm – 9.30pm. You can also access the information at www.neesoonsouth@org.sg

Thank you.

Er. LEE BEE WAH
MP FOR ANG MO KIO GRC AND
ADVISER TO NEE SOON SOUTH GROs

2008 年 3 月 1 日

亲爱的居民

义顺南新镇家庭服务中心



位于义顺新镇的晨光家庭服务中心和新加坡儿童协会家庭服务中心，将提供多项服务协助本区的居民应付情绪和家庭生活上所面对的种种压力问题。

晨光家庭服务中心

这中心拥有专业合格的社工和辅导员，协助个人或家庭处理家庭成员之间的纠纷，家庭暴力，家长与孩子之间，人际关系，还有婚姻，经济，工作或读书上所面对的种种问题。除此之外，这中心还为学习有困难的儿童提供心理辅导服务，

服务范围

这中心为居住在义顺新镇大牌 775 到 799，795A, 796A, 800 到 812，816，817，819 到 830，832 到 841，844，846，848 到 855，858 到 868，870 到 880 座政府组屋，兰景私人公寓，水乡，宏兴山庄，春叶园，通顺花园的居民服务。

项目

这中心为人生不同的阶段，如婚前预备，为人父母，婚姻强化等等提供了一系列有助于加强彼此关系的项目。同时，也提供专业和全面的方案，帮助家庭解决财务管理和家庭暴力等等的问题。

联络详情

晨光家庭服务中心 – 义顺环路，大牌 855，门牌#01-3539，新加坡邮区 760855
电话：67564995 传真：67524709 电邮：admin@daybreak.mws.org.sg

新加坡儿童协会家庭服务中心

新加坡儿童协会家庭服务中心专注在提倡稳固的家庭环境。这中心为拥有幼童的家庭，在面对各种如配偶之间的暴力行为，家庭拮据，儿童管理，婚姻或家庭纠纷等

等的问题上提供辅导和援助。它不处理与老人有关，与虐待有关或有特殊需要的问题。

服务范围

这中心为居住在义顺新镇大牌 717 到 730 座政府组屋的居民提供服务。它的开放时间是星期一到五，上午 8 时 45 分到傍晚 5 时 35 分，星期六（只限每个月的首四个星期六），上午 8 时 45 分至中午 12 时。每逢星期二，开放时间将延长到晚上 9 时（只限预约的居民）。这中心将在星期天和公共假期关闭。预知更多的详情，可拨电 67537331 询问。

项目

这中心提供了一系列的项目，协助家长和孩子们应付一系列的问题。这些节目包括：-

曙光之友- 为低收入家庭的孩子提供娱乐，交流和教育性质的活动，以改进他们的社交技巧和丰富他们的人生的经验。

投资计划- 让家长学习照顾孩子的技巧和知识的课程，

彩虹- 为来自单亲家庭的 6 到 16 岁的孩子，因面对家庭成员的逝世，父母的离异或其他家里的严重损失所造成的心灵创伤，提供治疗。

*LEAP - 为那些 10 至 12 岁，呈现出低自尊的症状，如缺乏学习兴趣，自我封闭，反社会行为等等的孩童提供治疗。

V-巢营 (只限儿童) - 为小四到小六的学生主办 3 天的训练营。目的在于向他们灌输诚信，责任，互相尊重等等的美德。

如您需要以上机构的援助，请与他们联络。但如您有其他的问题需要我的协助，您可在每逢星期四，我接见选民的时间到义顺 81 街，大牌 850 找我。当天的报名时间是晚上 7 时到 9 时 30 分。您也可到义顺南的网站 www.neesoonsouth@org.sg 浏览更多的讯息。

谢谢。

李美花工程师

宏茂桥集选区国会议员

兼义顺南基层组织顾问