

1 April 2008



Dear Residents:

Senior residents in Nee Soon South will have good reason to be happy. As your MP, I am pleased to bring you a whole menu of activities, which you will find meaningful and enjoyable.

This has been accomplished by getting our Nee Soon South CCC and the Society of Engineers for the Community (SEC) to work together and jointly set up the Seniors Enrichment and Development Centre (SEDC) at #01-290 and #01-298, Block 839 Yishun Street 81.

If you are aged 45 years and above, then you qualify as a "senior resident. Here's what's in store for you at SEDC:

- ❑ **CHITCHAT ROOM:** At #01-290. Open to senior residents who are members of the SEDC, from Monday to Saturday (2pm to 6pm), except public holidays. Chinese and English newspapers and magazines, and Chinese tea will be available;
- ❑ **COMPUTER ROOM:** At #01-298. Open to senior residents who attend any of the computer courses organised by the SEDC, or are members of the SEDC Computer Club. It is open on Tuesday, Thursday and Saturday (2pm to 6pm), except public holidays. Internet connection will be available;
- ❑ **MUSIC ROOM:** At #01-290. Open to senior residents, who are members of SEDC, on Monday, Wednesday and Friday (2pm to 6pm), except public holidays. Karaoke singing lessons will be conducted on a regular basis;
- ❑ **STUDIO:** At #01-290. Open to senior residents, who are members of SEDC, on Tuesday, Thursday and Saturday (2pm to 6pm), except public holidays. Aerobic dancing, line-dancing, qigong and taiji classes will be conducted on a regular basis;
- ❑ **SOCIAL ENTERPRISES PROJECTS:** At #01-298. Open to senior residents, who are members of SEDC, who wish to participate in certain cottage industries or provide certain services that may earn them some income and help them to pass time.

Please enquire or register at the SEDC reception counter at #01-298. Tel No. 67593398. So, come forward and enjoy these activities.

Look at the difference we are making in Nee Soon South. Thank you.

Er Lee Bee Wah

MP Ang Mo Kio GRC

Adviser to Nee Soon South

Grassroots Organisations



各位亲爱的居民，

大家好！身为本区的国会议员，我很荣幸地为义顺南的乐龄人士带来了一个好消息。

在义顺南公民咨询委员会及工程师社区关怀会的通力合作下，我们在义顺81街，第839座组屋底层的#01-290室及#01-298室，为乐龄朋友们设立了“义顺南乐龄升展中心”。

如果您的年龄超过45岁，您就符合成为升展中心会员的资格。该中心的设施包括了：

- 聊天室 :位于#01-290室，公开给升展中心的会员们。开放时间为星期一至星期六(下午二时至六时)，公共假日除外。会员可以边品茶，边借阅该室提供的英文与中文报章杂志。
- 电脑室 :位于#01-298室，公开给参与电脑课程的乐龄人士，及升展中心的会员们。开放时间为每星期二，星期四及星期六(下午二时至六时)，公共假日除外。电脑室将提供上网服务。
- 音乐室 :位于#01-290室，公开给该升展中心的会员们。开放时间为每星期一，星期三及星期五(下午二时至六时)，公共假日除外。我们也将开办卡拉OK歌唱班。
- 舞蹈/多用途室 :位于#01-290室，公开给该升展中心的会员们。开放时间为每星期二，星期四及星期六(下午二时至六时)，公共假日除外。您可以参与更多元化的课程，如健身操、排舞、气功及太极等。
- 社会企业计划 :这项计划公开给升展中心的会员们，会员可通过参与手工业活动，来赚取一些收入及消磨空闲时间。

心动不如行动，即刻拨电67593398；或亲临设于#01-290室的服务柜台，询问详情或登记成为会员。

希望大家踊跃参加。谢谢！

李美花工程师

宏茂桥集选区国会议员兼义顺南基层组织顾问

